

Opioids as medical aid

At WorkSafeNB, the client is the priority. As part of our commitment to supporting workers while they recover from workplace injuries, we are proposing changes to the way we manage opioids.

Policy 25-012 Medical Aid – Opioids is being reviewed as part of its 60-month review cycle. The board of directors is proposing changes that align with recent amendments to the New Brunswick College of Physicians and Surgeons' guidelines, including:

- 1 Reducing the initial pre-authorization of the prescription to two weeks.
- 2 Limiting dosages to a 50 mg morphine equivalent per day.
- 3 Avoiding simultaneous prescriptions of opioids with benzodiazepines and other sedating medications.
- 4 Stricter monitoring.

- Opioids are a class of synthetic narcotic medications usually prescribed for treating pain associated with injury, disease or surgery.
- While opioids have therapeutic purposes, there are serious risks associated with their use including addiction, overdose and death.



“We want to hear from you on these proposed changes”

Our consultation runs until April 15.

Read the full policy: *Policy 25-012 Medical Aid – Opioids*

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